



Nutrition Facts

Serving Size 1/4 Cup
Servings about 2

Calories 180
Calories from Fat 140

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 15g	24%	Total Carb. 1g	0%
Sat. Fat 5g	27%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
Cholest. 35mg	12%	Protein 8g	
Sodium 480mg	20%		
Vitamin A 2% • Vitamin C 0% • Calcium 2% • Iron 2%			

INGREDIENTS: HAM (CURED WITH WATER, SALT, BROWN SUGAR, SODIUM NITRITE) AND SEASONING (MUSTARD FLOUR, SPICES, TURMERIC)

REFRIGERATE AFTER OPENING

