

DIRECTIONS STOVE: EMPTY CONTENTS INTO SAUCEPAN. HEAT OVER MEDIUM HEAT UNTIL WARM, STIRRING OCCASIONALLY. **MICROWAVE** EMPTY CONTENTS INTO MICROWAVE SAFE CONTAINER. COVER. MICROWAVE ON HIGH POWER 1 MINUTE 30 SECONDS OR UNTIL WARM. STIR BEFORE SERVING.

CONTAINS: MILK, WHEAT

Nutrition Facts

Serving Size 1 cup

Servings about 2

Calories 260

Calories from Fat 90

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 10g	15%	Total Carb. 33g	11%
Sat. Fat 4.5g	23%	Fiber 3g	12%
Trans Fat 0g		Sugars 5g	
Cholest. 25mg	8%	Protein 10g	20%
Sodium 990mg	41%		
Vitamin A 4% • Vitamin C 0% • Calcium 2% • Iron 8%			

INGREDIENTS: TOMATOES, WATER, TOMATO PUREE, WATER, BEEF, ENRICHED MACARONI SEMOLINA, WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, VITAMIN B1, RIBOFLAVIN, VITAMIN B2, AND FOLIC ACID, CONTAINS LESS THAN 2% OF HIGH FRUCTOSE CORN SYRUP, SALT, MODIFIED CORN STARCH, ENZYME MODIFIED CHEESE, PASTEURIZED MILK, CULTURES, SALT, ENZYMES, FLAVORINGS, AND SOYBEAN OIL.



DHARMA INITIATIVE MACARONI WITH BEEF IN TOMATO SAUCE

20090914CLF

NET WT. 15 OZ (425 g)



DI 9FFTR731

R731

Sheet Size: 11x8.5-inches – Trim Size: 9.5x4.125-inches – Fits Beefaroni 15 OZ can

DIRECTIONS STOVE TOP: EMPTY CONTENTS INTO SAUCEPAN. HEAT OVER MEDIUM HEAT UNTIL WARM, STIRRING OCCASIONALLY. **MICROWAVE:** EMPTY CONTENTS INTO MICROWAVE-SAFE CONTAINER. COVER. MICROWAVE ON HIGH POWER 1 MINUTE 30 SECONDS OR UNTIL WARM. STIR BEFORE SERVING. AS ALL MICROWAVE OVENS VARY, TIME GIVEN IS APPROXIMATE.

CONTAINS: MILK, SOY, WHEAT

Nutrition Facts

Serving Size 1 cup
Servings about 2

Calories 260

Calories from Fat 80

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 9g	14%	Total Carb. 3g	12%
Sat. Fat 4.5g	23%	Dietary Fiber 0g	
Trans Fat 0g		Sugars 6g	
Cholest. 25mg	8%	Protein 10g	20%
Sodium 1020mg	43%		
Vitamin A 8% • Vitamin C 0% • Calcium 2% • Iron 8%			

INGREDIENTS: TOMATOES (WATER, TOMATO PUREE), WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), BEEF, CRACKERMEAL (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), CONTAINS LESS THAN 2% OF: SALT, CARROTS, HIGH FRUCTOSE CORN SYRUP, TEXTURED VEGETABLE PROTEIN (SOY FLOUR, SOY PROTEIN CONCENTRATE AND CAMEL COLORING), MODIFIED CORN STARCH, MONOSODIUM GLUTAMATE, ONIONS, CAMEL COLORING, FLAVORINGS, ENZYME MODIFIED CHEESE (CHEDDAR CHEESE AND ANNATTO AND SOYBEAN OIL.



DHARMA INITIATIVE

RAVIOLI
IN TOMATO AND
MEAT SAUCE

20090914CLF

NET WT. 15 OZ (425 g)



DI 9FFTR731

R731

Sheet Size: 11x8.5-inches – Trim Size: 9.5x4.125-inches – Fits Beef Ravioli 15 OZ can